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Teenager Today  
European Citizen Tomorrow

Activity 6

Eating habits Questionnaire-  
French students

3eme3 + 3<sup>ème</sup>7 + 4<sup>ème</sup> européenne + 3européenne

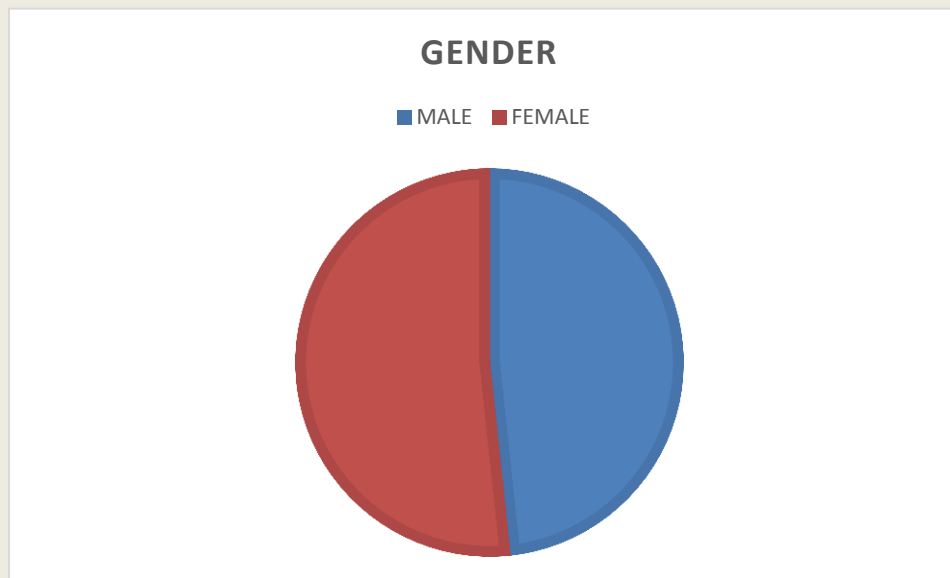


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## Teenager Today European Citizen Tomorrow

# Eating habits



MALE	FEMALE
43	46

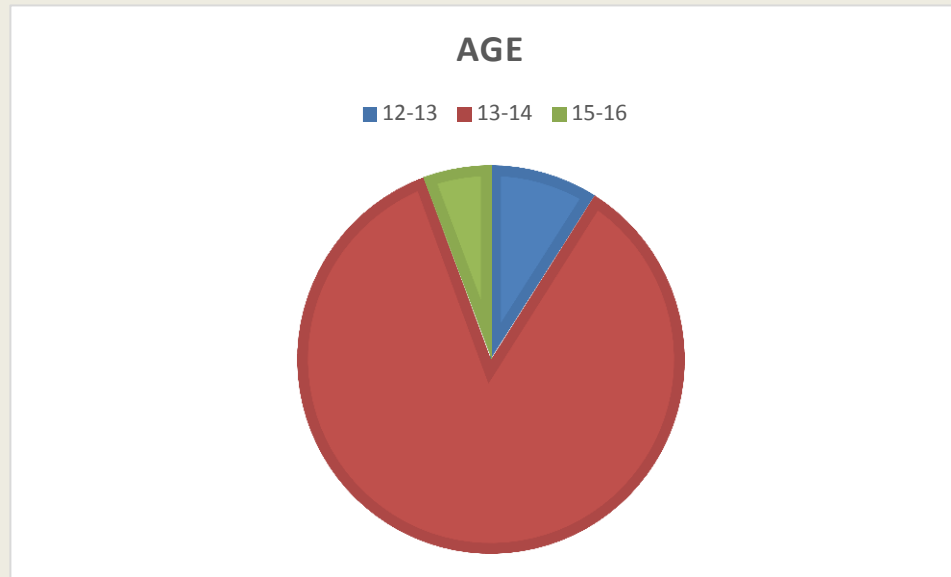


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## Teenager Today European Citizen Tomorrow

# Eating habits



12-13	13-14	15-16
8	76	5

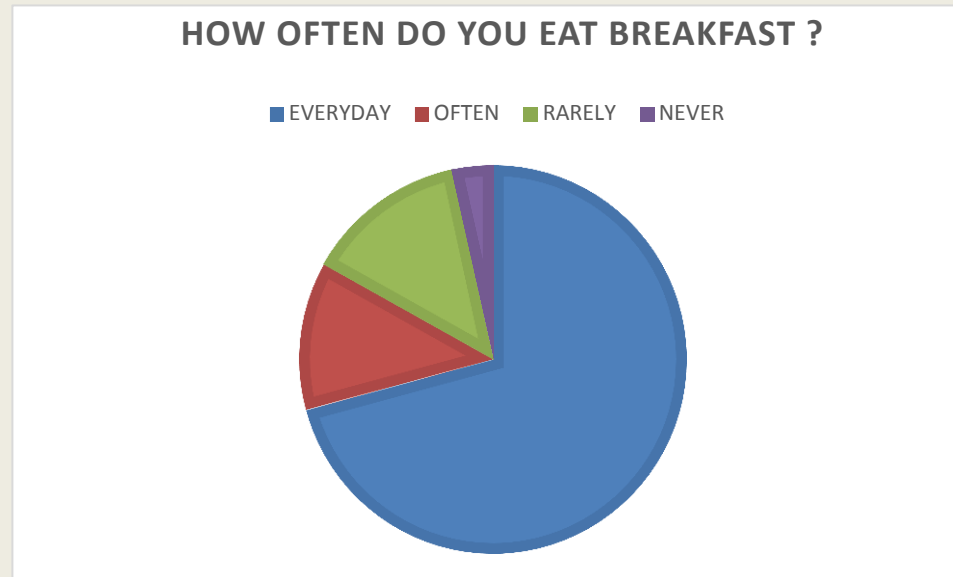


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# Eating habits



EVERYDAY	OFTEN	RARELY	NEVER
63	11	12	3



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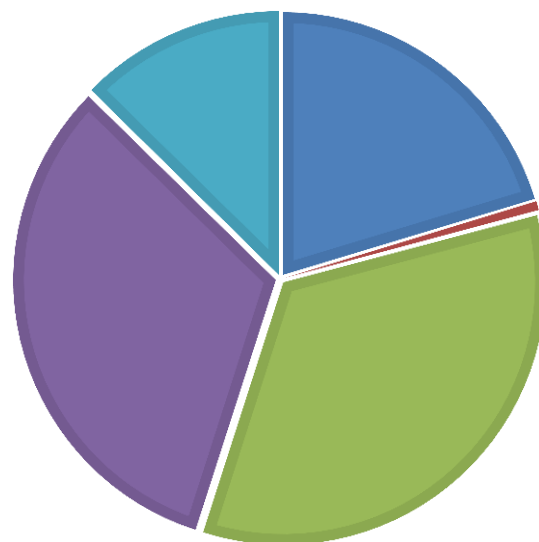
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## Teenager Today European Citizen Tomorrow

# Eating habits

WHAT DO YOU PREFER FOR BREAKFAST?

■ MILK PRODUCTS ■ SANDWICH ■ TOASTED BREAD ■ JUICE ■ OTHER



MILK PRODUCTS	SANDWICH	TOASTED BREAD	JUICE	OTHER
37	1	62	59	23

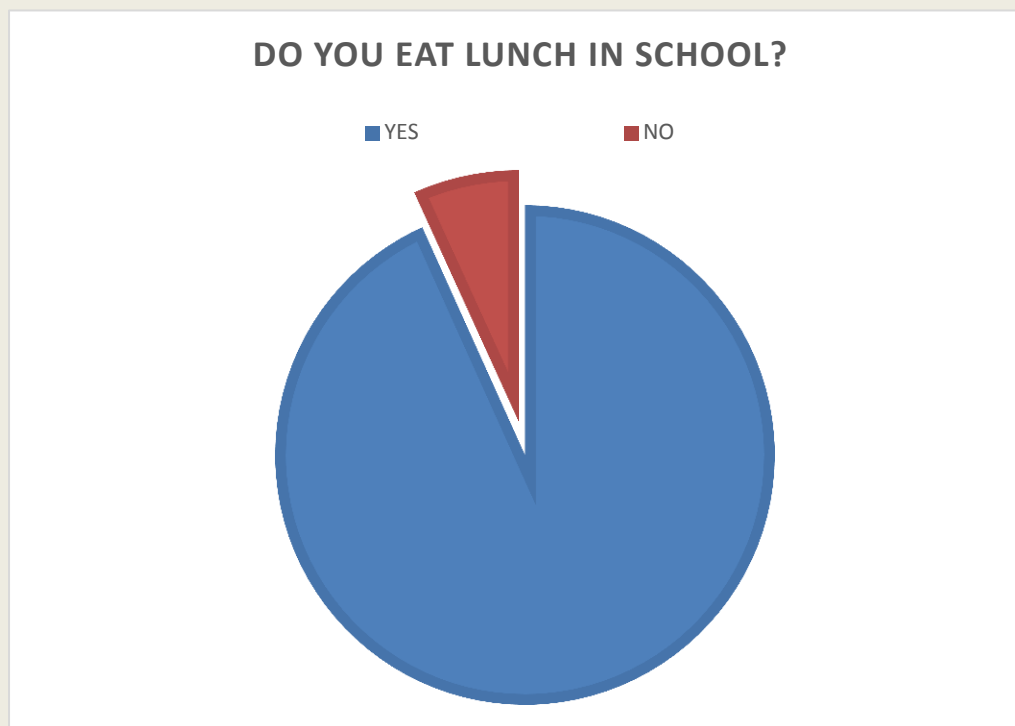


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## Teenager Today European Citizen Tomorrow

# Eating habits



YES	NO
83	6



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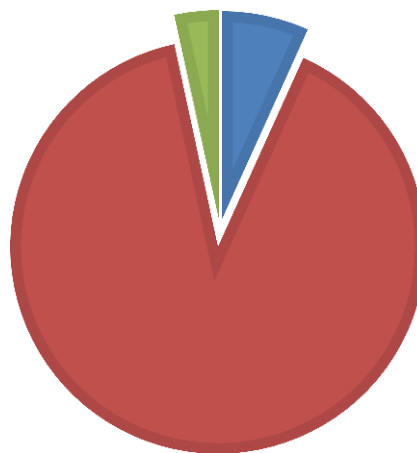
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## Teenager Today European Citizen Tomorrow

# Eating habits

IF YES, ARE YOU PREPARING THE FOOD AT HOME OR ARE YOU BUYING IT FROM THE CANTEEN?

■ HOME    ■ CANTEEN    ■ HOME & CANTEEN



HOME	CANTEEN	HOME & CANTEEN
6	80	3

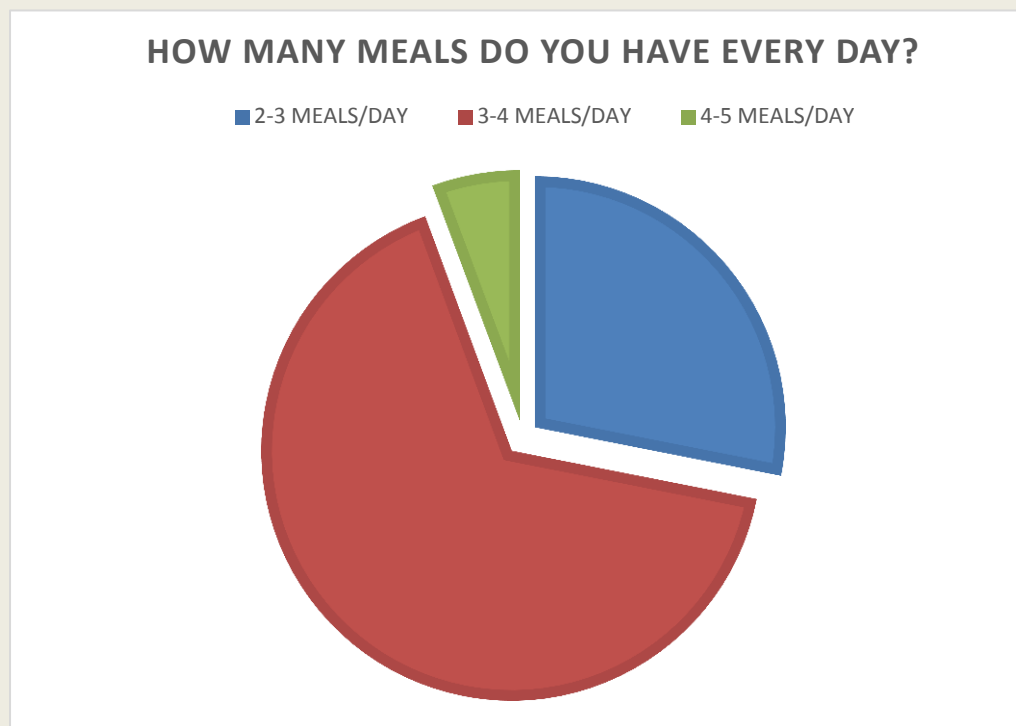


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## Teenager Today European Citizen Tomorrow

# Eating habits



2-3 MEALS/DAY	3-4 MEALS/DAY	4-5 MEALS/DAY
25	59	5





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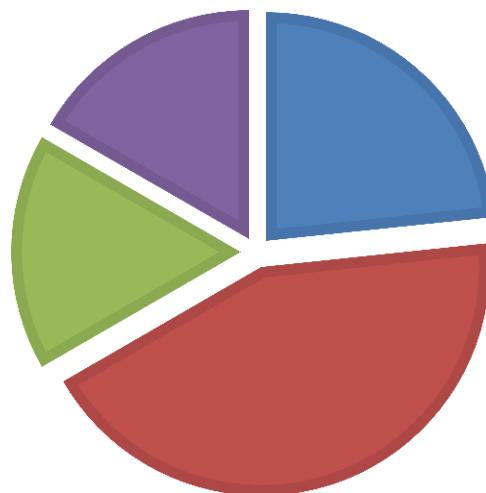
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## Teenager Today European Citizen Tomorrow

# Eating habits

HOW OFTEN DO YOU INCLUDE MEAT IN YOUR  
EVERYDAY MEALS?

■ 1-2 TIMES/WEEK ■ 3-4 TIMES/WEEK ■ 5-6 TIMES/WEEK ■ EVERYDAY



1-2 TIMES/WEEK	3-4 TIMES/WEEK	5-6 TIMES/WEEK	EVERYDAY
21	39	15	15



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# Eating habits

HOW OFTEN DO YOU INCLUDE FRUIT &  
VEGETABLES IN YOUR EVERYDAY MEALS?

■ 1-2 TIMES/WEEK ■ 3-4 TIMES/WEEK ■ 5-6 TIMES/WEEK ■ EVERYDAY

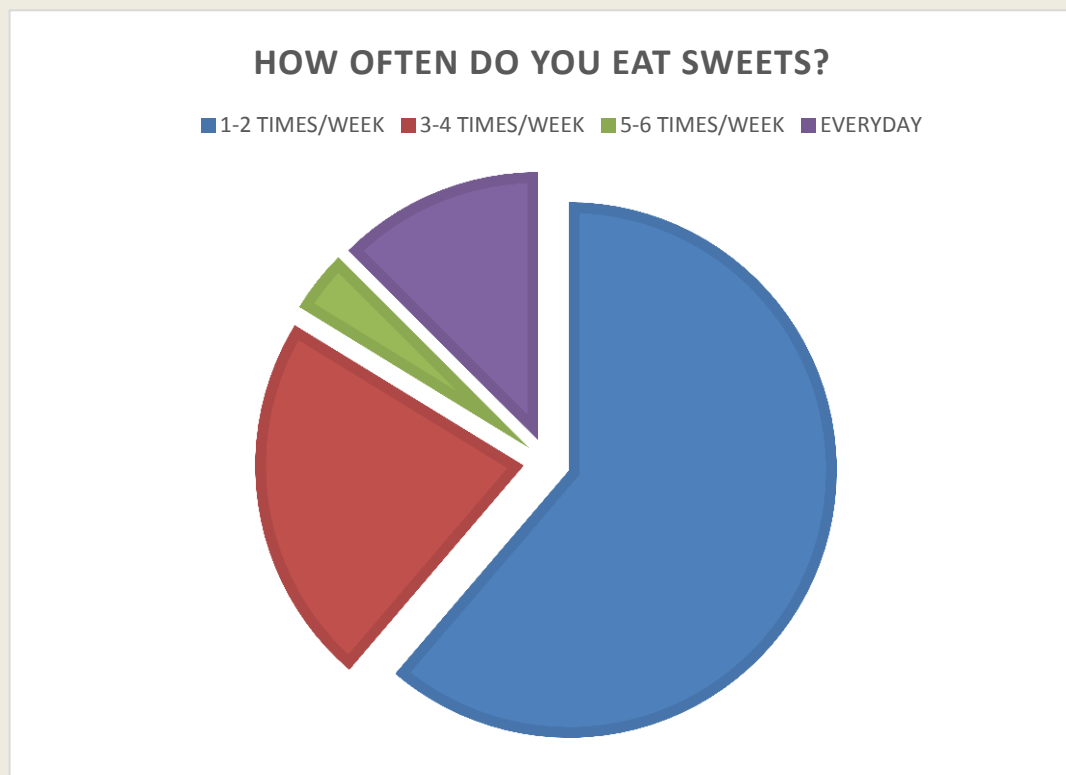


1-2 TIMES/WEEK	3-4 TIMES/WEEK	5-6 TIMES/WEEK	EVERYDAY
3	17	34	38



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# Eating habits



1-2 TIMES/WEEK	3-4 TIMES/WEEK	5-6 TIMES/WEEK	EVERYDAY
49	18	3	10



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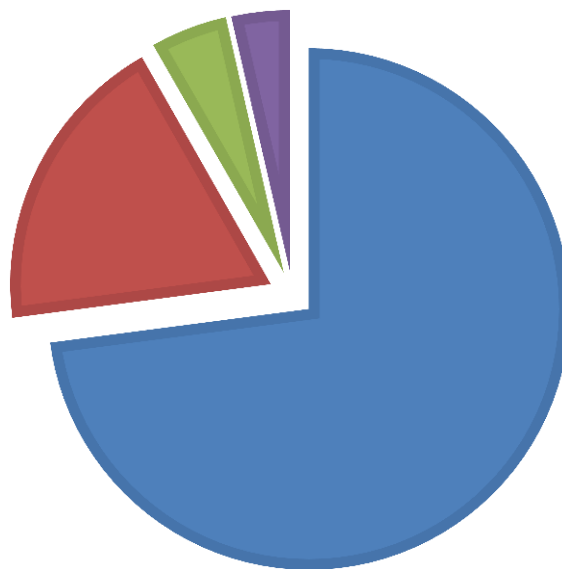
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## Teenager Today European Citizen Tomorrow

# Eating habits

HOW OFTEN DO YOU EAT IN FAST FOOD  
RESTAURANT PER MONTH

■ 1-2 TIMES ■ 2-3 TIMES ■ 4-5 TIMES ■ MORE



1-2 TIMES	2-3 TIMES	4-5 TIMES	MORE
62	16	4	3